PLANO DE LEITURA COM CHECKLIST

Bíblia em 365 dias

Os 1328 capítulos da Bíblia católica, de Gênesis ao Apocalipse, em cerca de 15 minutos por dia



1 ANO

PDF • LEIA NO CELULAR OU IMPRIMA

Como usar o plano

Uma leitura por dia, na ordem dos livros

São 1328 capítulos divididos em 365 dias: em média 3 ou 4 capítulos por dia. Comece em qualquer data: o 'Dia 1' é o dia em que você começar.

Marque o quadradinho ao terminar a leitura do dia. Se perder um dia, não desanime: continue de onde parou. O importante é a constância, não a pressa.

Dica: tenha o mapa visual do livro aberto ao lado da Bíblia. Antes de começar um livro novo, leia o mapa dele no Guia Visual da Bíblia.

Os Salmos aparecem na sequência do Antigo Testamento. Se preferir, reze também um salmo por dia, à parte, como oração.

Dias 1 a 31

Dia 1	Gn 1–4
Dia 2	Gn 5–7
Dia 3	Gn 8–11
Dia 4	Gn 12–15
Dia 5	Gn 16–18
Dia 6	Gn 19–22
Dia 7	Gn 23–25
Dia 8	Gn 26–29
Dia 9	Gn 30–33
Dia 10	Gn 34–36
Dia 11	Gn 37–40
Dia 12	Gn 41–44
Dia 13	Gn 45–47
Dia 14	Gn 48–50; Ex 1
Dia 15	Ex 2–5
Dia 16	Ex 6–8
Dia 17	Ex 9–12
Dia 18	Ex 13–15
Dia 19	Ex 16–19
Dia 20	Ex 20–23
Dia 21	Ex 24–26
Dia 22	Ex 27–30
Dia 23	Ex 31–34
Dia 24	Ex 35–37
Dia 25	Ex 38–40; Lv 1
Dia 26	Lv 2–5
Dia 27	Lv 6–8
Dia 28	Lv 9–12
Dia 29	Lv 13–16
Dia 30	Lv 17–19
Dia 31	Lv 20–23

Dias 32 a 62

Dia 32	Lv 24–26
Dia 33	Lv 27; Nm 1–3
Dia 34	Nm 4–7
Dia 35	Nm 8–10
Dia 36	Nm 11–14
Dia 37	Nm 15–18
Dia 38	Nm 19–21
Dia 39	Nm 22–25
Dia 40	Nm 26–29
Dia 41	Nm 30–32
Dia 42	Nm 33–36
Dia 43	Dt 1–3
Dia 44	Dt 4–7
Dia 45	Dt 8–11
Dia 46	Dt 12–14
Dia 47	Dt 15–18
Dia 48	Dt 19–22
Dia 49	Dt 23–25
Dia 50	Dt 26–29
Dia 51	Dt 30–33
Dia 52	Dt 34; Js 1–2
Dia 53	Js 3–6
Dia 54	Js 7–9
Dia 55	Js 10–13
Dia 56	Js 14–17
Dia 57	Js 18–20
Dia 58	Js 21–24
Dia 59	Jz 1–4
Dia 60	Jz 5–7
Dia 61	Jz 8–11
Dia 62	Jz 12–15

Dias 63 a 93

☐	**Dia 63**	Jz 16–18
☐	**Dia 64**	Jz 19–21; Rt 1
☐	**Dia 65**	Rt 2–4
☐	**Dia 66**	1Sm 1–4
☐	**Dia 67**	1Sm 5–8
☐	**Dia 68**	1Sm 9–11
☐	**Dia 69**	1Sm 12–15
☐	**Dia 70**	1Sm 16–19
☐	**Dia 71**	1Sm 20–22
☐	**Dia 72**	1Sm 23–26
☐	**Dia 73**	1Sm 27–30
☐	**Dia 74**	1Sm 31; 2Sm 1–2
☐	**Dia 75**	2Sm 3–6
☐	**Dia 76**	2Sm 7–10
☐	**Dia 77**	2Sm 11–13
☐	**Dia 78**	2Sm 14–17
☐	**Dia 79**	2Sm 18–20
☐	**Dia 80**	2Sm 21–24
☐	**Dia 81**	1Rs 1–4
☐	**Dia 82**	1Rs 5–7
☐	**Dia 83**	1Rs 8–11
☐	**Dia 84**	1Rs 12–15
☐	**Dia 85**	1Rs 16–18
☐	**Dia 86**	1Rs 19–22
☐	**Dia 87**	2Rs 1–4
☐	**Dia 88**	2Rs 5–7
☐	**Dia 89**	2Rs 8–11
☐	**Dia 90**	2Rs 12–14
☐	**Dia 91**	2Rs 15–18
☐	**Dia 92**	2Rs 19–22
☐	**Dia 93**	2Rs 23–25

Dias 94 a 124

☐	**Dia 94**	1Cr 1–4
☐	**Dia 95**	1Cr 5–8
☐	**Dia 96**	1Cr 9–11
☐	**Dia 97**	1Cr 12–15
☐	**Dia 98**	1Cr 16–19
☐	**Dia 99**	1Cr 20–22
☐	**Dia 100**	1Cr 23–26
☐	**Dia 101**	1Cr 27–29
☐	**Dia 102**	2Cr 1–4
☐	**Dia 103**	2Cr 5–8
☐	**Dia 104**	2Cr 9–11
☐	**Dia 105**	2Cr 12–15
☐	**Dia 106**	2Cr 16–19
☐	**Dia 107**	2Cr 20–22
☐	**Dia 108**	2Cr 23–26
☐	**Dia 109**	2Cr 27–30
☐	**Dia 110**	2Cr 31–33
☐	**Dia 111**	2Cr 34–36; Esd 1
☐	**Dia 112**	Esd 2–4
☐	**Dia 113**	Esd 5–8
☐	**Dia 114**	Esd 9–10; Ne 1–2
☐	**Dia 115**	Ne 3–5
☐	**Dia 116**	Ne 6–9
☐	**Dia 117**	Ne 10–13
☐	**Dia 118**	Tb 1–3
☐	**Dia 119**	Tb 4–7
☐	**Dia 120**	Tb 8–11
☐	**Dia 121**	Tb 12–14
☐	**Dia 122**	Jt 1–4
☐	**Dia 123**	Jt 5–8
☐	**Dia 124**	Jt 9–11

Dias 125 a 155

☐	**Dia 125**	Jt 12–15
☐	**Dia 126**	Jt 16; Est 1–2
☐	**Dia 127**	Est 3–6
☐	**Dia 128**	Est 7–10
☐	**Dia 129**	1Mc 1–3
☐	**Dia 130**	1Mc 4–7
☐	**Dia 131**	1Mc 8–11
☐	**Dia 132**	1Mc 12–14
☐	**Dia 133**	1Mc 15–16; 2Mc 1–2
☐	**Dia 134**	2Mc 3–6
☐	**Dia 135**	2Mc 7–9
☐	**Dia 136**	2Mc 10–13
☐	**Dia 137**	2Mc 14–15; Jó 1
☐	**Dia 138**	Jó 2–5
☐	**Dia 139**	Jó 6–9
☐	**Dia 140**	Jó 10–12
☐	**Dia 141**	Jó 13–16
☐	**Dia 142**	Jó 17–20
☐	**Dia 143**	Jó 21–23
☐	**Dia 144**	Jó 24–27
☐	**Dia 145**	Jó 28–31
☐	**Dia 146**	Jó 32–34
☐	**Dia 147**	Jó 35–38
☐	**Dia 148**	Jó 39–41
☐	**Dia 149**	Jó 42; Sl 1–3
☐	**Dia 150**	Sl 4–7
☐	**Dia 151**	Sl 8–10
☐	**Dia 152**	Sl 11–14
☐	**Dia 153**	Sl 15–18
☐	**Dia 154**	Sl 19–21
☐	**Dia 155**	Sl 22–25

Dias 156 a 186

☐	**Dia 156**	Sl 26–29
☐	**Dia 157**	Sl 30–32
☐	**Dia 158**	Sl 33–36
☐	**Dia 159**	Sl 37–39
☐	**Dia 160**	Sl 40–43
☐	**Dia 161**	Sl 44–47
☐	**Dia 162**	Sl 48–50
☐	**Dia 163**	Sl 51–54
☐	**Dia 164**	Sl 55–58
☐	**Dia 165**	Sl 59–61
☐	**Dia 166**	Sl 62–65
☐	**Dia 167**	Sl 66–69
☐	**Dia 168**	Sl 70–72
☐	**Dia 169**	Sl 73–76
☐	**Dia 170**	Sl 77–80
☐	**Dia 171**	Sl 81–83
☐	**Dia 172**	Sl 84–87
☐	**Dia 173**	Sl 88–90
☐	**Dia 174**	Sl 91–94
☐	**Dia 175**	Sl 95–98
☐	**Dia 176**	Sl 99–101
☐	**Dia 177**	Sl 102–105
☐	**Dia 178**	Sl 106–109
☐	**Dia 179**	Sl 110–112
☐	**Dia 180**	Sl 113–116
☐	**Dia 181**	Sl 117–120
☐	**Dia 182**	Sl 121–123
☐	**Dia 183**	Sl 124–127
☐	**Dia 184**	Sl 128–130
☐	**Dia 185**	Sl 131–134
☐	**Dia 186**	Sl 135–138

Dias 187 a 217

- [ ] **Dia 187** Sl 139–141
- [ ] **Dia 188** Sl 142–145
- [ ] **Dia 189** Sl 146–149
- [ ] **Dia 190** Sl 150; Pr 1–2
- [ ] **Dia 191** Pr 3–6
- [ ] **Dia 192** Pr 7–10
- [ ] **Dia 193** Pr 11–13
- [ ] **Dia 194** Pr 14–17
- [ ] **Dia 195** Pr 18–20
- [ ] **Dia 196** Pr 21–24
- [ ] **Dia 197** Pr 25–28
- [ ] **Dia 198** Pr 29–31
- [ ] **Dia 199** Ecl 1–4
- [ ] **Dia 200** Ecl 5–8
- [ ] **Dia 201** Ecl 9–11
- [ ] **Dia 202** Ecl 12; Ct 1–3
- [ ] **Dia 203** Ct 4–7
- [ ] **Dia 204** Ct 8; Sb 1–2
- [ ] **Dia 205** Sb 3–6
- [ ] **Dia 206** Sb 7–10
- [ ] **Dia 207** Sb 11–13
- [ ] **Dia 208** Sb 14–17
- [ ] **Dia 209** Sb 18–19; Eclo 1
- [ ] **Dia 210** Eclo 2–5
- [ ] **Dia 211** Eclo 6–9
- [ ] **Dia 212** Eclo 10–12
- [ ] **Dia 213** Eclo 13–16
- [ ] **Dia 214** Eclo 17–20
- [ ] **Dia 215** Eclo 21–23
- [ ] **Dia 216** Eclo 24–27
- [ ] **Dia 217** Eclo 28–31

Dias 218 a 248

☐	**Dia 218**	Eclo 32–34
☐	**Dia 219**	Eclo 35–38
☐	**Dia 220**	Eclo 39–41
☐	**Dia 221**	Eclo 42–45
☐	**Dia 222**	Eclo 46–49
☐	**Dia 223**	Eclo 50–51; Is 1
☐	**Dia 224**	Is 2–5
☐	**Dia 225**	Is 6–9
☐	**Dia 226**	Is 10–12
☐	**Dia 227**	Is 13–16
☐	**Dia 228**	Is 17–20
☐	**Dia 229**	Is 21–23
☐	**Dia 230**	Is 24–27
☐	**Dia 231**	Is 28–30
☐	**Dia 232**	Is 31–34
☐	**Dia 233**	Is 35–38
☐	**Dia 234**	Is 39–41
☐	**Dia 235**	Is 42–45
☐	**Dia 236**	Is 46–49
☐	**Dia 237**	Is 50–52
☐	**Dia 238**	Is 53–56
☐	**Dia 239**	Is 57–60
☐	**Dia 240**	Is 61–63
☐	**Dia 241**	Is 64–66; Jr 1
☐	**Dia 242**	Jr 2–4
☐	**Dia 243**	Jr 5–8
☐	**Dia 244**	Jr 9–12
☐	**Dia 245**	Jr 13–15
☐	**Dia 246**	Jr 16–19
☐	**Dia 247**	Jr 20–23
☐	**Dia 248**	Jr 24–26

Dias 249 a 279

- [ ] **Dia 249** Jr 27–30
- [ ] **Dia 250** Jr 31–34
- [ ] **Dia 251** Jr 35–37
- [ ] **Dia 252** Jr 38–41
- [ ] **Dia 253** Jr 42–45
- [ ] **Dia 254** Jr 46–48
- [ ] **Dia 255** Jr 49–52
- [ ] **Dia 256** Lm 1–3
- [ ] **Dia 257** Lm 4–5; Br 1–2
- [ ] **Dia 258** Br 3–6
- [ ] **Dia 259** Ez 1–3
- [ ] **Dia 260** Ez 4–7
- [ ] **Dia 261** Ez 8–11
- [ ] **Dia 262** Ez 12–14
- [ ] **Dia 263** Ez 15–18
- [ ] **Dia 264** Ez 19–22
- [ ] **Dia 265** Ez 23–25
- [ ] **Dia 266** Ez 26–29
- [ ] **Dia 267** Ez 30–32
- [ ] **Dia 268** Ez 33–36
- [ ] **Dia 269** Ez 37–40
- [ ] **Dia 270** Ez 41–43
- [ ] **Dia 271** Ez 44–47
- [ ] **Dia 272** Ez 48; Dn 1–3
- [ ] **Dia 273** Dn 4–6
- [ ] **Dia 274** Dn 7–10
- [ ] **Dia 275** Dn 11–14
- [ ] **Dia 276** Os 1–3
- [ ] **Dia 277** Os 4–7
- [ ] **Dia 278** Os 8–10
- [ ] **Dia 279** Os 11–14

Dias 280 a 310

☐	Dia 280	Jl 1–4
☐	Dia 281	Am 1–3
☐	Dia 282	Am 4–7
☐	Dia 283	Am 8–9; Ab 1; Jn 1
☐	Dia 284	Jn 2–4
☐	Dia 285	Mq 1–4
☐	Dia 286	Mq 5–7; Na 1
☐	Dia 287	Na 2–3; Hab 1
☐	Dia 288	Hab 2–3; Sf 1–2
☐	Dia 289	Sf 3; Ag 1–2
☐	Dia 290	Zc 1–4
☐	Dia 291	Zc 5–8
☐	Dia 292	Zc 9–11
☐	Dia 293	Zc 12–14; Ml 1
☐	Dia 294	Ml 2–3; Mt 1–2
☐	Dia 295	Mt 3–5
☐	Dia 296	Mt 6–9
☐	Dia 297	Mt 10–13
☐	Dia 298	Mt 14–16
☐	Dia 299	Mt 17–20
☐	Dia 300	Mt 21–24
☐	Dia 301	Mt 25–27
☐	Dia 302	Mt 28; Mc 1–3
☐	Dia 303	Mc 4–6
☐	Dia 304	Mc 7–10
☐	Dia 305	Mc 11–14
☐	Dia 306	Mc 15–16; Lc 1
☐	Dia 307	Lc 2–5
☐	Dia 308	Lc 6–9
☐	Dia 309	Lc 10–12
☐	Dia 310	Lc 13–16

Dias 311 a 341

- [ ] **Dia 311** Lc 17–20
- [ ] **Dia 312** Lc 21–23
- [ ] **Dia 313** Lc 24; Jo 1–3
- [ ] **Dia 314** Jo 4–6
- [ ] **Dia 315** Jo 7–10
- [ ] **Dia 316** Jo 11–14
- [ ] **Dia 317** Jo 15–17
- [ ] **Dia 318** Jo 18–21
- [ ] **Dia 319** At 1–4
- [ ] **Dia 320** At 5–7
- [ ] **Dia 321** At 8–11
- [ ] **Dia 322** At 12–15
- [ ] **Dia 323** At 16–18
- [ ] **Dia 324** At 19–22
- [ ] **Dia 325** At 23–25
- [ ] **Dia 326** At 26–28; Rm 1
- [ ] **Dia 327** Rm 2–5
- [ ] **Dia 328** Rm 6–8
- [ ] **Dia 329** Rm 9–12
- [ ] **Dia 330** Rm 13–16
- [ ] **Dia 331** 1Cor 1–3
- [ ] **Dia 332** 1Cor 4–7
- [ ] **Dia 333** 1Cor 8–11
- [ ] **Dia 334** 1Cor 12–14
- [ ] **Dia 335** 1Cor 15–16; 2Cor 1–2
- [ ] **Dia 336** 2Cor 3–5
- [ ] **Dia 337** 2Cor 6–9
- [ ] **Dia 338** 2Cor 10–13
- [ ] **Dia 339** Gl 1–3
- [ ] **Dia 340** Gl 4–6; Ef 1
- [ ] **Dia 341** Ef 2–5

Dias 342 a 365

☐	**Dia 342**	Ef 6; Fl 1–2
☐	**Dia 343**	Fl 3–4; Cl 1–2
☐	**Dia 344**	Cl 3–4; 1Ts 1–2
☐	**Dia 345**	1Ts 3–5
☐	**Dia 346**	2Ts 1–3; 1Tm 1
☐	**Dia 347**	1Tm 2–5
☐	**Dia 348**	1Tm 6; 2Tm 1–2
☐	**Dia 349**	2Tm 3–4; Tt 1–2
☐	**Dia 350**	Tt 3; Fm 1; Hb 1
☐	**Dia 351**	Hb 2–5
☐	**Dia 352**	Hb 6–9
☐	**Dia 353**	Hb 10–12
☐	**Dia 354**	Hb 13; Tg 1–3
☐	**Dia 355**	Tg 4–5; 1Pd 1–2
☐	**Dia 356**	1Pd 3–5
☐	**Dia 357**	2Pd 1–3; 1Jo 1
☐	**Dia 358**	1Jo 2–5
☐	**Dia 359**	2Jo 1; 3Jo 1; Jd 1
☐	**Dia 360**	Ap 1–4
☐	**Dia 361**	Ap 5–7
☐	**Dia 362**	Ap 8–11
☐	**Dia 363**	Ap 12–15
☐	**Dia 364**	Ap 16–18
☐	**Dia 365**	Ap 19–22